

Traumatic brain injury (TBI)

- is a frequent cause of morbidity and mortality in the European countries
- incidence between 229 and 1.967 for 100.000 inhabitants
- highest incidence in men between 15 and 24 years
- most frequent cause of death for humans under 45 years (most frequent cause of death between age of 20 – 35 years worldwide in the male population)



Different types of TBI

- Closed cerebral trauma sometimes combined with fracture of skull
- Open brain trauma by a penetrating object (bullet, etc.)



Patterns of cerebral trauma Acceleration - Deceleration

Outer brain injury Coup – side of the impact Countre coup – opposite of the impact

- Inner brain injury
 a) Inner upper brain injury corpus callosum, septum pellucidum, fornix, thalamus, hypothalamus, cingulum
 b) Inner lower brain injury midbrain (substantia nigra, perirubral zone, crura cerebri, tegmentum, periaqueductal gray, upper pons), perihippocampus, uncus amygdalae, cerebellum cerebellum
- Rotational brain injury laceration (capsula int., basal ganglia), intracerebral haemorrhage (thalamus, hypothalamus), extracerebral haematoma (subdural, epidural haematoma)

Traumatic Brain Damage II

- Secondary lesions of brain tissue
 - 1) Umbra/Penumbra, primary impact regional le
 - Non-cerebral disorders caused by 2) hypoxia, hypoxemia, circulatory disturbances local, regional, diffuse lesions
 - 3) Tentorial herniation a) local damage due to tentorial edge local lesions (upper brain stem, medial temporal lobe)
 regional lesions due stenosis of A.cerebri posterior

 - b) downwards displacement of brain stem - local lesions due arterial and venous stenosis
 - brain nerve lesions (N.oculo-motorius)



Linear Outer Brain Trauma (Type I, II, III, IV)

- Coup lesions, contre-coup lesions
 - Cortical, sub-cortical, meningeal damage, funnel-shaped
 - · Type I severe lesions fronto-temporal Contre-coup negative pressure
 - Type II minor lesions frontal
 - force absorption by facial skeleton · Type III, IV mostly combined with rotational brain trauma

Traumatic Brain Damage I · Primary lesions, immediately by impact, mostly irreversible Outer brain trauma Inner brain trauma Rotational brain trauma





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Linear Inner Brain Trauma Primary Lesions

- Inner upper brain trauma (Grcevic)
 - Lesions peri-ventricular (butterfly type): corpus callosum, septum pellucidum, fornix, thalamus, hypothalamus, cingulum
- Inner lower brain trauma (Lindenberg)

 midbrain-pons lesions (substantia nigra, perirubral zone, crura cerebri, tegmentum, periaqueductal gray, upper pons),
 - surrounding brain regions (perihippocampus, uncus amygdalae, cerebellum)



Linear Inner Brain Trauma a) Linear inner upper brain trauma (Grcevic) butterfly lesions Type IIb, Ia (II) b) Linear inner lower trauma (Lindenberg) lesions brain stem, surrounding brain



Linear Inner Upper Brain Trauma Schema, originally drawn by N. Grcevic



region Type V, Va

> Impact type IIb, Ia, (II)

Main lesions, periventricular

Partly lesions hippocampal area, frontal

Linear Inner Upper Brain Trauma Schematic drawing (N. Grcevic)



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Impact type II, Ila, often with rotational component

Lesions, periventricular, upper brain stem

Boxing impact frontal region





Linear Inner Lower Brain Trauma (Lindenberg) Type V, Va

- **Direct lesions**
 - upper brain stem
 - surrounding brain region
 - medial temporal lobe
 - cerebellum
- Indirect lesions: tentorial contusion
 - medial temporal lobe
 - Tentorial edge impact
 - a) local pressure, upper brain stem (local lesions) b) compression of arteries, veines (regional lesions)



Linear Inner Lower Brain Trauma Type Va, Primary lesions



Mesencephalon, temporal lobe



Cerebellum, upper brain stem



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Gliotic lesions with haemosiderin deposition, lower midbrain, pons

Rotational Trauma (Pudenz-Shelden) Type Ia, Ib, IIa, IIb, IIIa, IIIb, IVa, IVb, VI

- · Intracerebral laceration (basal ganglia, capsula interna)
- · Intracerebral hematoma (thalamus, hypothalamus)
- Extracerebral hematoma (subdural, epidural)

Linear Inner Lower Brain Trauma (Type Va), **Combination Rotational Brain Trauma** (Type IVa)



Lesions hippocampal, parahippocampal midbrain

Hygroma fronto-parietal right side, minimal left side



Lesions: basalganglia, capsula interna

haematoma

Linear Inner Lower Brain Trauma (Type Va), **Combination Rotational Brain Trauma** (Type IVa)



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Lesions hippocampal, parahippocampal midbrain

Hygroma fronto-parietal right side, minimal left side

Linear outer brain injury

Lesions on the surface of the brain (cortical-subcortical, funnel-shaped)



Open Brain Trauma

- Open skull fracture
- Open impression fracture
- · Compound skull fracture
- Penetration skull fracture
 - Bullet injury
 - Axe injury

Direct brain lesion with consecutive brain edema and hematoms

Different forms of traumatic lesions

- Primary lesions (irreversible)
- Secondary lesions (therapeutic battle field) .



- Penumbra, postedemic, posthypoxic, posthypoxemic (diffuse/local) Tertiary lesions (malnutrition, malabsorption, avitaminosis, bed rest syndrome, etc.) Encephalopathy, myelopathy, pontine myelinolyse, polyneuropathy Quartary lesions hydrocephalus occlusus, meningoencephalitis, brain abscess
- Complications
- joint contraction, periarticular ossification, decubitus, pressure lesion of peripheral nerves











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Midbrain syndrome phase IV

- Coma
- · Missing blink reflex and ocular movements
- Divergent position of bulbi
- · Pupils reduced reaction to light
- · Oculocephalic reflex disturbed (dull head phen.)
- · Vestibuloocular reflex dissociated reaction
- · Stretch position of the extremities, stretch synderg.
- · Increased muscle tone, pyramidal signs, hyperrefl.
- Respiration machine like rythmus
- · Hyperthermia, tachycardia, increased blood pressure



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Management of severest brain trauma ^{4 Phases}

- Preclinical management on the site of accident
- Immediate measurement in the admitting hospital
- Decision for a transfer in the intensive care unit (ICU)
- · First measurements in the ICU

Measurements at ICU

- · Stabilisation of vital functions
- Intubation
- Central venous catheter
- Bladder catheter
- Analgosedation (brain stem syndrome)
- Treatment of brain oedema (obligatory)
- Control of cCT
- If possible cMRI
- ICP-control

Preclinical Management

 Care for vital function Respiration (orotracheal intubation, if necessary)

Stabilization of Blood circulation (infusion)

- Documentation of the impact (Spatz Innsbruck Scheme)
- Registration of secondary injuries

Treatment of brain edema

- Osmotic therapy
- Diuretic therapy
- Barbiturate
- Hyperventilation

It is still unclear whether medical therapy directed at lowering ICP offers any benefit to patients outcome. (Frank, Neurology 1995)

Management in the admitting Hospital

- Control of vital functions Artificial respiration if necessary Support of blood circulation (infusion, medication)
- Treatment of brain edema
- Neurological status
- Cerebral CT
- X-Ray of cervical spine, skull
- Neurosurgical control
- Decision to transfer the patient to the ICU
- Begin of rehabilitation program

Special methods in treatment of brain edema

- Hypothermia (32° 34°/mild 35°)
- Craniotomy (both sides) in cases with progression





Remission after 5 months to minimal defect state

Apallic Syndrome (AS) / Vegetative State after acute severe brain trauma

Initial stage:

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- acute midbrain syndrome (central 5 phases, lateral 2 phases transmission in phase 4, 5)
- acute bulbar brain syndrome (2 phases)
- Transition stage to AS (3 phases)
- Full stage of AS
- · Remission stage (8 phases)
- Defect stage (multilocular lesions, regional . lesions, diffuse lesions)







Irreversible tertiary lesions, complications Exitus after 14 months



Traumatic Apallic Syndrome, remissions stage IV, Klüver-Bucy-Phase



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Patient G.F., 23a Grasping of objects taking to the mouth, cigarette smoking pattern

Therapeutic Strategies in Apallic Syndrome

- Causal therapies in the initial phase (acute midbrain syndrome)
- Special drug treatment (antispastics, Anticonvulsants, ß-blockers, psychostimulants, etc.)
- Stimulation therapies (visual, haptic, acustic, basal stimulation, vibrostimulation)
- Verticotherapy
- Physiotherapy, ergotherapy, logopedia, cognitotherapy
- Therapeutic community, relatives and friends included

Traumatic Apallic Syndrome, patient died in full stage



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Patient L.G., 32a, death after 9 months after accident Diffuse white matter lesions, cystic necrosis fronto-temporal, thalamic necrosis, cystic lesions periaqueductal (Heidenhein)

Prognosis of Traumatic AS

- Within the first 6 weeks in severe and severest cases of traumatic brain injury no prognosis is possible
- Within the first 6 months no decisions about ongoing of active treatment program possible
- 80% of the patients with a traumatic apallic syndrome develop remission
- 25% of the patients with a traumatic apallic syndrome can be re-integrated in normal life
- 60% of the patients with a hypoxic apallic syndrome develop remission, but mostly with severe defects

Traumatic Apallic Syndrome – remission phase V (end stage of Klüver-Bucy-Phase)

Pat. H. P., 36a

Traumatic apallic syndrome

Cerebrale MRI: frontal lobe lesions, temporal lobe lesions



Classification of brain trauma

- Mild traumatic brain injury (brain commotion, Commotio Cerebri, Hirnerschütterung) Glasgow Coma Scale (GCS) = 13 – 15
- Moderate traumatic brain injury (brain contusion, Contusio Cerebri – mild degree) GCS = 9 – 12
- Severe traumatic brain injury (brain contusion, Contusio Cerebri – severe degree) GCS = 5 – 8
- Severest brain injury brain stem symptoms (acute midbrain syndrome, acute bulbar brain syndrome) GCS < 5

Severest brain injury Primary etiology

- Primary: Direct lesion of the upper brain stem, linear inner lower brain injury (Lindenberg), impact Type V, Va
- · Clinical symptoms: Acute midbrain syndrome
- In some cases acute bulbar brain syndrome develops
- Bad prognosis, apallic syndrom, brain death

Demands on modern treatment of Traumatic Brain Injury - I

- In initial phase each patient with traumatic brain injury needs an exact neurological diagnosis, mild to severest forms
- Documentation of the impact to the skull (Spatz -Innsbruck Scheme) has to be an obligation
- Severest as well as moderate forms during the initial state have to be treated in ICU (Neurological ICU)

Severest brain injury Secondary etiology

- Due to tentorial herniation (central, uncal)
- Consequence of an increased supratentorial pressure (brain edema; extra-, intracerebral haematomas)
- Symptoms of an acute midbrain syndrome Development in 5 phases – central herniation Development in 2 phases – uncal herniation – transfer in phase 5 of central herniation
- In some cases acute bulbar brain syndrome develops
- · Direct remission or transfer in apallic syndrome

Demands on modern treatment of Traumatic Brain Injury - II

- Early rehabilitation has to be started immediately in all forms of traumatic brain injury (mild to severest)
- In every case an individual neurorehabilitation program is necessary and has to be executed in a special neurorehabilitation center
- The aim of rehabilitation is the reintegration in social life
- Any discussion about preterm ending of treatment and of medical care is ethically not acceptable







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