

Apallic Syndrome – New Developments



F.Gerstenbrand^{1), 2)}, S.M. Golaszewski^{1), 3)},
Ch. Kurzmann¹⁾,

¹⁾ Karl Landsteiner Institute for Neurorehabilitation and Space Neurology
²⁾ Department of Neurology, University of Innsbruck
³⁾ Department for Neurology, Christian Doppler-Klinik Salzburg

Danube Teaching Course
Kazimierz Dolny
September 13th - 15th, 2012

Epidemiology of Apallic Syndrome Divergences in statistic evaluation

Prevalence 1.9/100000 pop./year in Austria (160 pat.)

Prevalence 1.7/100000 pop./year in Germany (1.500 pat.)

Prevalence in Italy and Belgium 0.9 – 2.0/100000 pop./year

Incidence USA 15000-35000 pat./year

Incidence Great Britain 1500 pat./year

Incidence France 1000-1200 pat./year (post-traumatic)

Incidence Japan 10000-17000 pat./year

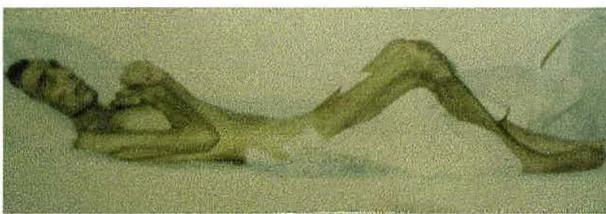
Etiology of Apallic Syndrome

1. After acute, severe brain injuries
TBI, encephalitis, hypoxia, malignant stroke etc.
– *Possibility of remission*
2. After progradient, diffuse brain processes
CID, M. Alzheimer, M. Pick, Chorea Huntington, etc.
Final stage
– *Remission not possible*
3. Intoxication
 - 3a Acute
Exogenous (neuroleptics etc.)
Endogenous (hepatic, uremic etc.)
– *Full remission possible*
 - 3b Chronic
Exogenous (Minamata disease etc.)
Endogenous (hepatic, thyrotoxic etc.)
– *Partial remission possible*

Symptoms of Apallic Syndrome - full stage

- Coma vigil
- Eyes open
- No recognition of surroundings
- No contact to surroundings
- No directed reaction to external stimuli
- Sleep-wake-rhythm regulated by fatigue
- Optomotoric disturbances
- Flexed-stretched position of the extremities and trunk
- Rigido-spasticity
- Primitive motor patterns (oral, grasping, etc.)
- Dysregulation of the vegetative system

Apallic syndrome, pat. G.B., 36^a traumatic brain injury, 1975

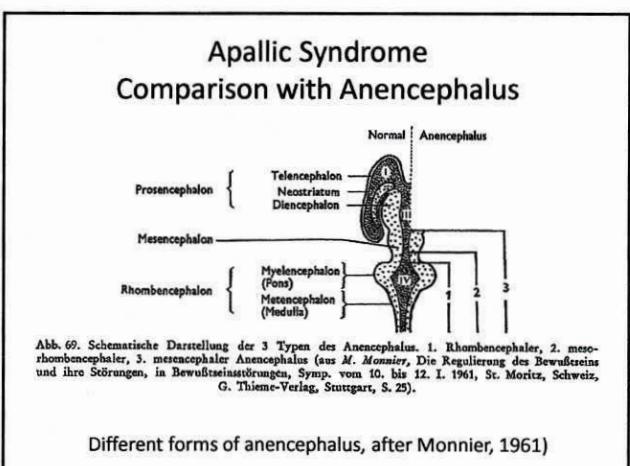
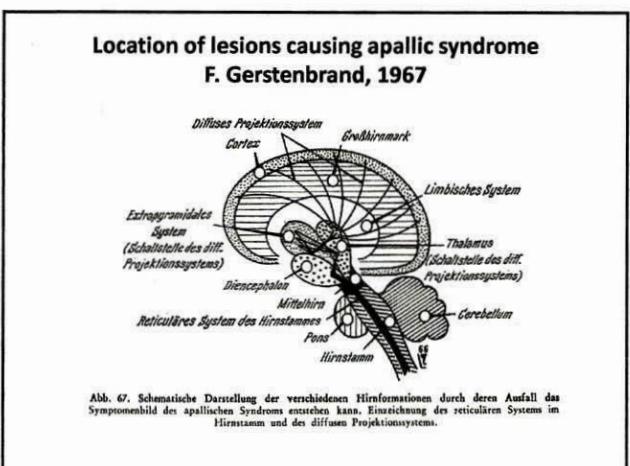
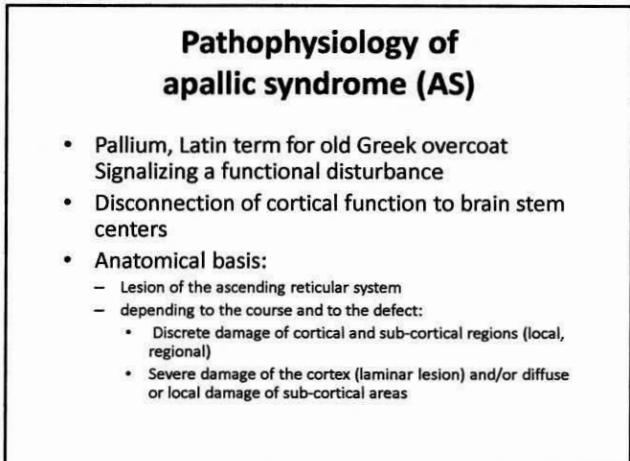
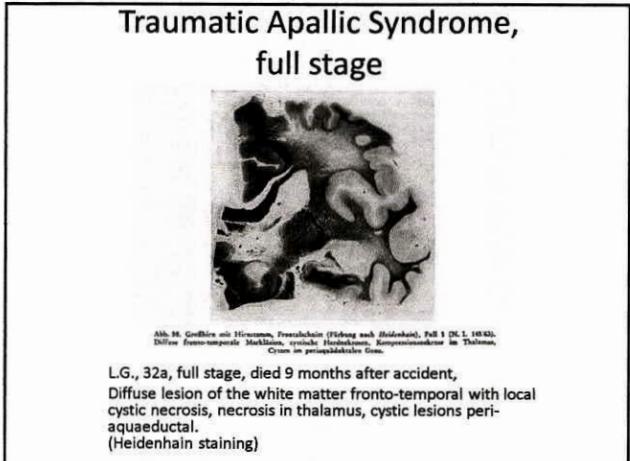
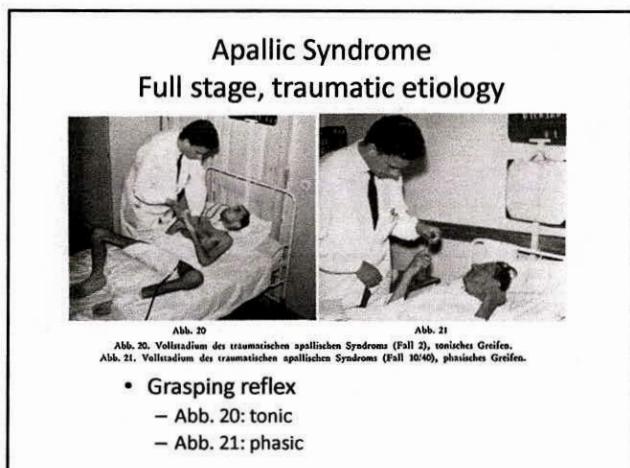
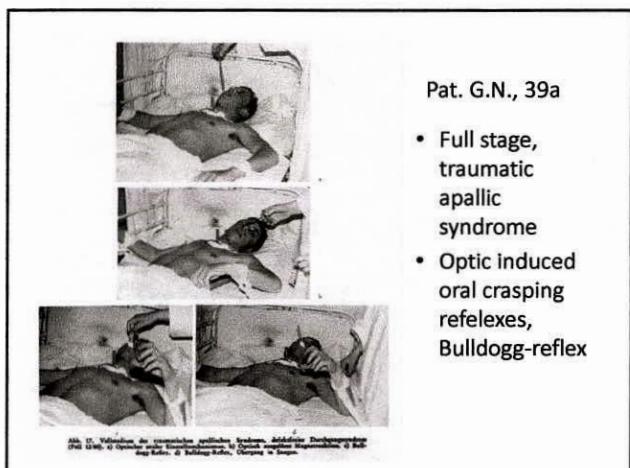


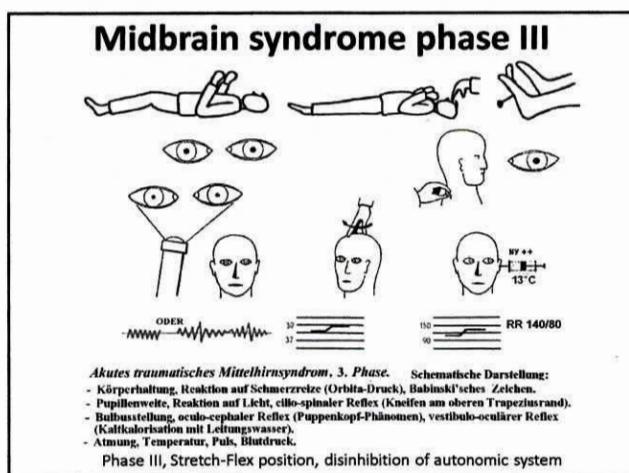
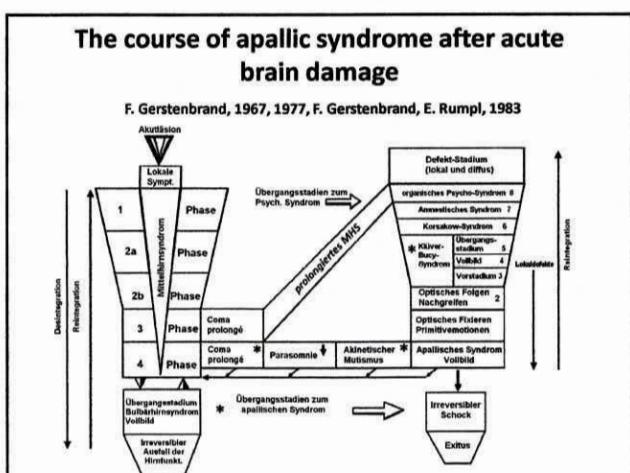
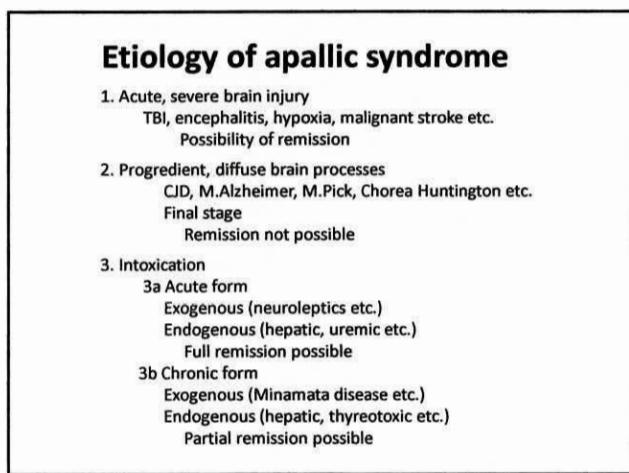
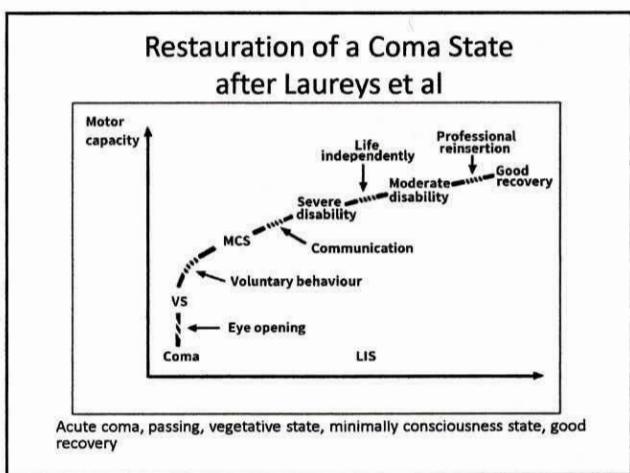
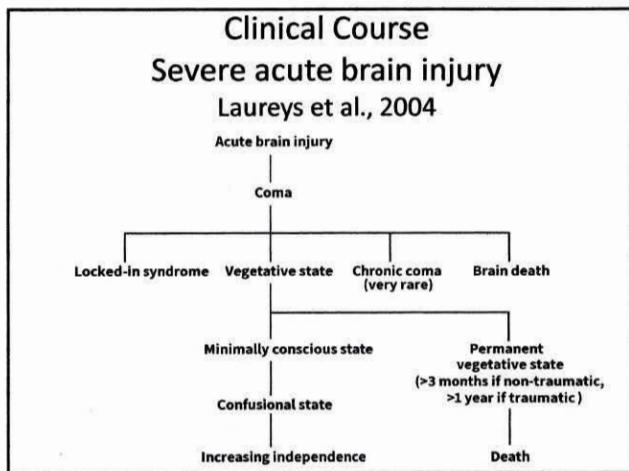
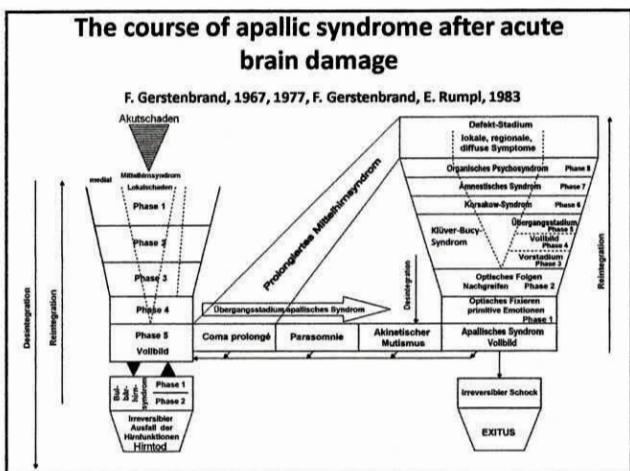
No modern treatment
Irreversible tertiary lesions and complications
Exitus after 14 months

Apallic syndrome, pat. E.S., 19^a traumatic brain injury, 1992



Modern treatment program in special center for apallic syndrome patients, Innsbruck
No tertiary lesions, minimal complications
Remission after 5 months to minimal defect state



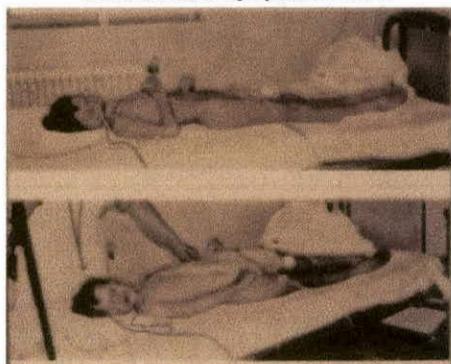


Midbrain syndrome, phase IV

- Coma
- Threat reflex absent
- Divergent position of bulbi
- Pupils reduced reaction to light
- Oculo-cephalic reflex blocked
- Vestibulo-ocular reflexes dissociated
- Stretch position: extremities, trunk
- Increased muscle tone, pyramidal signs
- Respiration – machine like rhythm
- Hyperthermia, tachycardia, increased blood pressure

Acute secondary midbrain syndrome

Traumatic brain injury, brain edema



Phase III, IV

STADIEN DER HIRNSTAMMSCHÄDEN NACH SUPRATENTORIELLER RAUM- FORDERUNG		MHS					BHS	
ZENTR. HERNAZION		I	II A	II B	III	IV	I	II
REAKTION	AKUSTISCHE REIZE	SDAHOLLENZ	SOPOR	COMA	COMA	COMA	COMA	COMA
	SCHMERZREIZ	GERINGE VER- ZÖGERT AUF ZUWENDUNG	VERZÖGERT DURCH ZUWENDUNG	FEHLEND	FEHLEND	FEHLEND	FEHLEND	FEHLEND
OPTOMOTORIK	PROMPT ERFAHRTENDE ARBEITENDE ARBEITENDE	PROMPT ERFAHRTENDE ARBEITENDE	VERZÖGERT ERFAHRTENDE ARBEITENDE	RESTRIKTI VITÄT ARBEITENDE	BEUGE- STRECK- HALTUNG	REST; STRECK- SYNCRISMUS	FEHLEND	FEHLEND
	BULBUS -BEWEGUNG	NORMAL	NORMAL	BEGINNENDE DIVERGENZ	DIVERGENZ	DIVERGENZ	DIVERGENZ FIXIERT	FEHLEND
KÖRPER- MOTOKIK	PUPILLENWEITE	PENDELND	SCHWIMMEND	DYSKINETISCH	FEHLEND	FEHLEND	FEHLEND	FEHLEND
	LEICHTREACTION	● ●	● ●	● ●	● ●	● ●	● ●	● ●
OBIGAT	KÖRPERHALTUNG	MASSEN- WÜLZ- MOTORIK	MASSENWÜLZ- ARMEN	MASSENWÜLZ- ARME	BEUGE- STRECK- HALTUNG	REST; NACH- STRECK- HALTUNG	SCHLAFFE HALTUNG	—
	TONUS	NORMAL	BEIN GERING ERHÖHT	BEINE ERHÖHT	ERHÖHT	STARK ERHÖHT	GERING ERHÖHT	SCHLAFF
VEGETATIV	BABINSKI PHÄNOMEN	↓ ↓	↓ ↓	↓ ↓	↑ ↑	↑ ↑	↑ ↑	—
	ATMUNG	—	—	—	—	—	—	—
NICHT OBIGAT	PULS	LEICH ERHÖHT	NORMAL	BESCHLEUNIGT	BESCHELU- NGST	STARK BESCHELU- NGST	BESCHELU- NGST	VERLANGSAMT
	RR	NORMAL	NORMAL	NORMAL	LEICHT ERHÖHT	ERHÖHT	NORMAL	ERHIEDRIGT
KÖRPER- TEMPERATUR		NORMAL	NORMAL	LEICHT ERHÖHT	ERHÖHT	STARK ERHÖHT	ERHÖHT	NORMAL ERHIEDRIGT

Etiology of apallic syndrome

1. Acute, severe brain injury
TBI, encephalitis, hypoxia, malignant stroke etc.
Possibility of remission
2. Progredient, diffuse brain processes
CJD, M.Alzheimer, M.Pick, Chorea Huntington etc.
Final stage
Remission not possible
3. Intoxication
 - 3a Acute form
Exogenous (neuroleptics etc.)
Endogenous (hepatic, uremic etc.)
Full remission possible
 - 3b Chronic form
Exogenous (Minamata disease etc.)
Endogenous (hepatic, thyreotoxic etc.)
Partial remission possible

Apallic Syndrome after progradient, diffuse brain processes to a final stage

F. Gerstenbrand, 1967, 1977, F. Gerstenbrand, E. Rumpf, 1983

- Desintegration of highest and higher brain functions (Diffuse organic psychosyndrome)
- Multilocular cerebral Symptoms
Aphasia, Apraxia, motor symptoms, etc.
- Klüver-Bucy Phase
3 different stages
- Preapallic Phase
„severe dementia“, primitive motor patterns, massmovements, decorticate rigidity, etc.
- Apallic Syndrome, Full Stage
No remission signs

Apallic syndrome, full stage Alzheimer disease, end phase



Terminology Recent Discussion

- Apallic Syndrome
- Vegetative State
- Wachkoma – Coma Vigile
- Unresponsive Wakefulness
- Minimally Conscious State

Apallic Syndrome Synonyms in literature

- Rosenblath: Über einen bemerkenswerten Fall von Hirnerschütterung, 1899
- Hermann: Livedo racemosa, 1937
- Kretschmer: Das apallische Syndrom, 1940
- Cairns et al.: acinetic mutism, 1941
- Duensing: Anoetischer Symptomenkomplex, 1949
- Jefferson: Parasomnia, 1952
- Ajuriaguerra et al.: Luzider Stupor, 1954
- Strich: Severe dementia following head injury, 1956
- Fischgold und Mathis: Stupeur hypertonique postcomateuse, 1959
- Sutter et al.: Catatonie posttraumatische, 1959
- Jellinger et al.: Protrahierte Form der posttraumatischen Encephalopathie, 1963
- Osetowska: Leucoencephalopathie oedématose posttraumatique, 1964
- Gruner: démence progressive avec cachexie, 1965
- Gerstenbrand: Apallisches Syndrom, 1967
- Jenett und Plum: Persistent vegetative state (PVS), 1972
- Giacino und Zasler: Minimally response state, 1995

Persistent Vegetative State (PVS) Identical symptoms to Apallic Syndrome - critical aspects

- Vegetative State – Persistent Vegetative State: Term mixes diagnoses and prognoses, only sub-optimal rehabilitation is possible (B. Jennet, 2002)
- Vegetative State, a detailed neurological description and analysis is not existing, no description of initial stage, transitory stage, full stage and remission stage)
- Vegetative State: assumed as a static condition (B. Jennet, 2002)
- Vegetative State: no therapeutical concept (B. Jennet, 2002)
- Vegetative State: critics of international community and pro life committee of catholic bishops in the USA. The word vegetative can suggest the patient is a vegetable, therefore subhuman and discriminatory.
- Critics of English and American experts to use the term „wakeful unconscious state“ (1995), „unresponsive wakefulness“ (2012).

Wachkoma - Coma Vigile (Donis, 2011)

- Spontaneous or reflexoric opening of the eyes
- Absence of self recognition
- Absence of recognition of surrounding
- Absence of meaningful reactions
- No communication to surrounding
- No optic fixation, no optic tracking
- Persisting of sleep-wake rhythm
- Neurological deficits
 - Optomotoric disturbances
 - Flexed-strech position, rigido spasticity
 - Motoric primitive patterns (oral, crasping etc.)
 - Brain stem reflexes present
 - Initial stage (acute midbrain, bulbar brain syndrome)

Unresponsive Wakefulness (UWS)

K.v.Wild, St.Laureys, G.Dolce, 2010

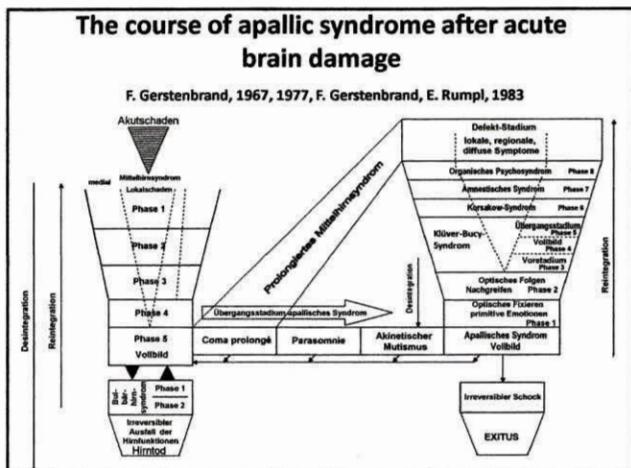
- Eyes open, spontaneous or after stimulation
- sleep-wake rhythm present
- No reaction to external stimulation
- Automatic motor reflexes
- Spontaneous respiration
- Persistence of thermoregulation and digestion

Minimally Conscious States

(Giacino et al, 1997)

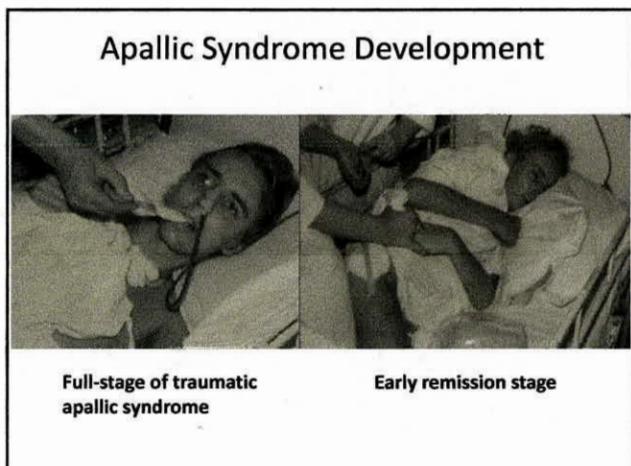
No identical symptoms to Apallic Syndrome

- Crude consciousness: alertness
- Phenomenal consciousness: registration of external and internal phenomena
- Access consciousness: directed attention, cognitive awareness, decision making
- Critics:
 - No detailed neurological symptomatology
 - Only phenomenological description
 - To compare with remission course of AS
 - Etiology generally open



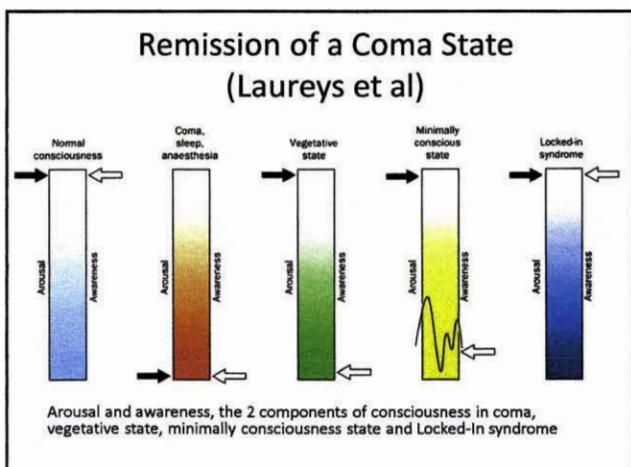
Apallic Syndrome - Remission Stages Innsbruck Remission-Scale - 1

- Phase I: Optic fixation – reduction of Coma vigil, sopor
- Phase II: Optic tracking – sleep-wake-rhythm normalizing, stupor
- Phase III: Pre-Klüver-Bucy-Phase – combination in the primitive motor reflexes, hypersomnia – wakeful
- Phase IV: Klüver-Bucy-Phase – Klüver-Bucy reflexes, obnubilation



Apallic Syndrome - Remission Stages Innsbruck Remission-Scale - 2

- Phase V: Post-Klüver-Bucy-Phase – hypersomnia, first voluntary motor skills, communication possible
- Phase VI: Korsakow syndrome – voluntary behavior, disorientation, confusion state
- Phase VII: Amnestic phase – emotional irritation, flat emotions
- Phase VIII: Psycho-organic syndrome – normal consciousness, awake local lesions with neurological symptoms



Symptoms of Locked-In Syndrome

- No possibility to communicate with surrounding except for blinking morse code
- Consciousness and perception fully maintained
- Total paralysis of all extremities, trunk, neck and motor brain nerves
- Eye opening and vertical eye movements possible
- Impairment of swallowing
- Spontaneous respiration
- Alpha-EEG

Etiology of Locked-In Syndrome Lesion in Pons

- Pons infarction caused by basilar thrombosis
- Hemorrhage
- Encephalitis
- Tumor
- Traumatic lesion
- Disconnection of the motor system, sensory connections undisturbed

Different Forms of Locked-In Syndrome (Bauer et al, 1979)

- According to neurological symptoms and course
 - Classical Locked-In syndrome
 - Incomplete Locked-In syndrome
 - Total Locked-In syndrome
- According to time course
 - Chronic Locked-In syndrome
 - Transient Locked-In syndrome

Locked-In Syndrome, female, 45a



Traumatic etiology

Passager Apallic
Syndrome

Defect state

Profound differences between Apallic Syndrome and Locked-In syndrome

- Apallic syndrome
 - Loss of all brain functions, reduction to the midbrain-level (coma vigil, no voluntary motor action, primitive motor patterns), unresponsive wakefulness
 - temporary or permanent
- Locked in syndrome
 - Loss of all motor abilities, except rest in opto-motoric functions, undisturbed wakefulness, contact to the surrounding, normal body sensation
 - temporary or permanent

Diagnosis of Apallic Syndrome Differentialdiagnosis Locked In Syndrome

- Bedside testing, neurological examination, (Coma Recovery Scale – revised - CRS-R)
- Functional Magnetic Resonance (fMRI)
 - Verbal paradigm:
 - Semantic oddball paradigm (SOP): acoustic presentation of meaningful versus non meaningful sentences in an fMRI event related oddball paradigm
 - Own name paradigm (ONP): acoustic presentation of the patient's own name versus not the own name with a familiar voice in an fMRI event related oddball paradigm
 - Vibrostimulation paradigm

Functional MRI verbal paradigms:

- S > R: sentences vs rest
- M > NM: meaningful vs non meaningful sentences
- O > R: own name vs rest
- O > NO: own name vs not own name

Semantic Oddball paradigm (meaningful versus non-meaningful sentences)

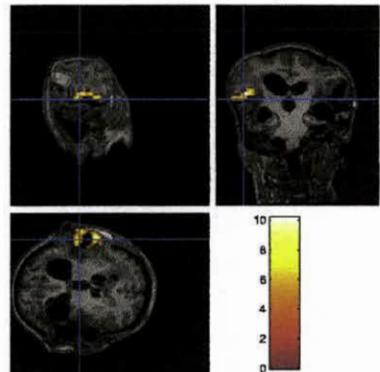
e.g. The sun is hot



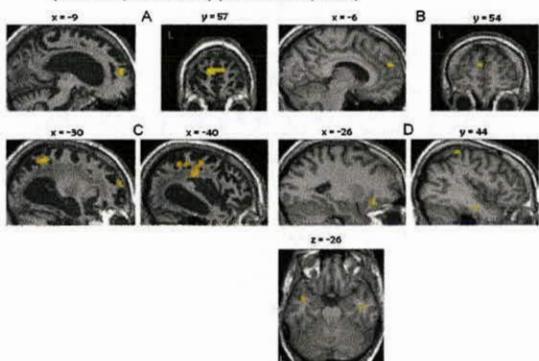
e.g. With the ears one can speak



Apallic Syndrome fMRI, verbal stimulation, Bold – effect



Apallic Syndrome, fMRI, verbal stimulation Bold – effect:
increased activity, language processing own name > foreign name
(Wernicke, Broca area) (Staffen et. al, 2006)



Summary

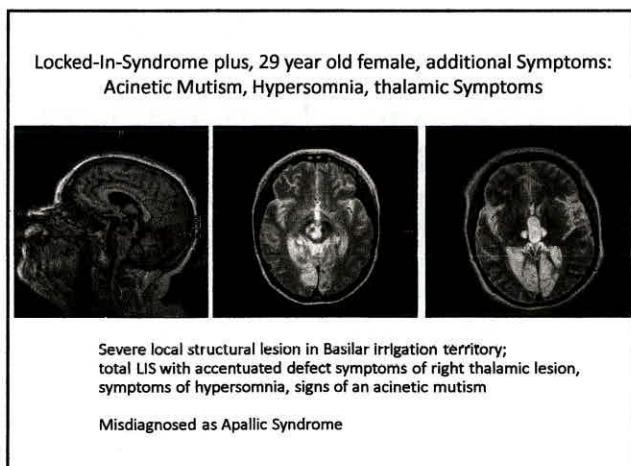
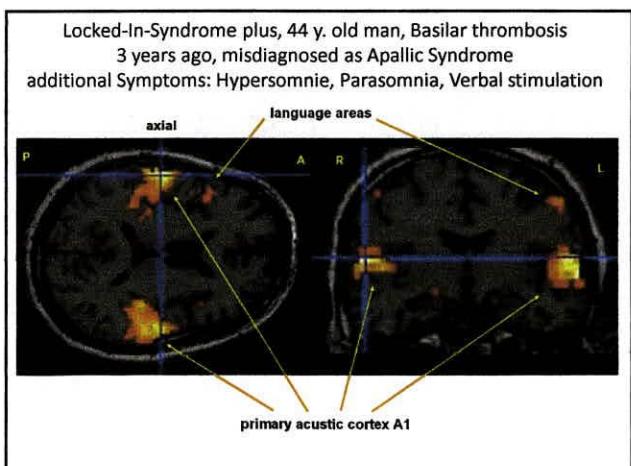
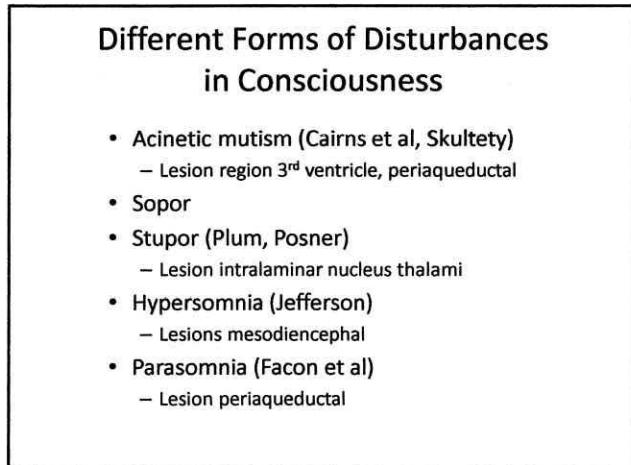
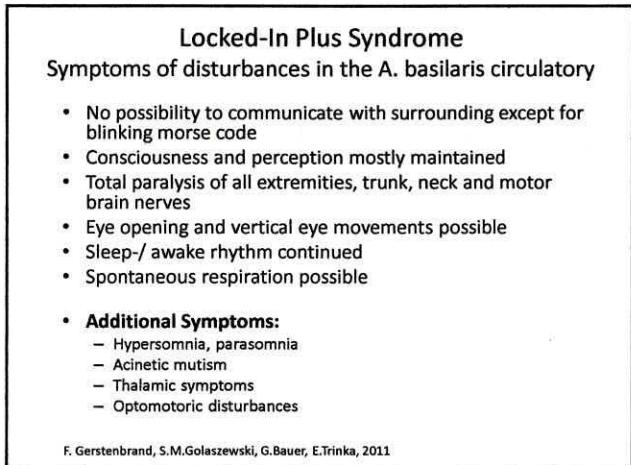
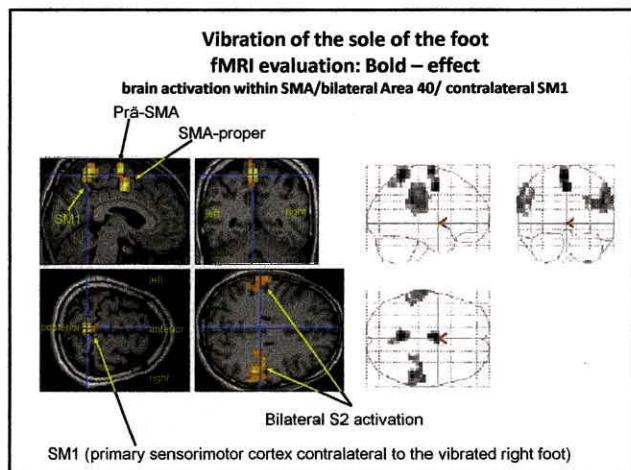
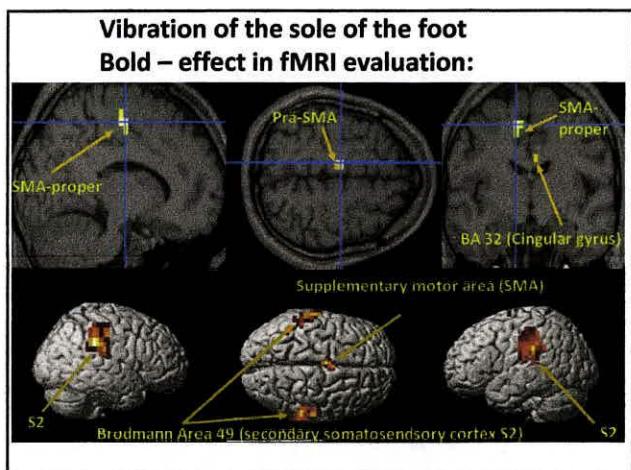
fMRI in diagnosis of Apallic Syndrome, verbal stimulation

- Apallic Syndrome: fMRI shows specific activity in language regions and regions of self-awareness. Patients are able for the processing of language, memory and self-referential stimuli at a higher cortical level.
- Evidence of perception in language and self-referential stimuli in patients with Apallic Syndrome, important for individual planning of neurorehabilitation program, for the relatives, caregivers and therapists.
- In future: prognostic decisions may be possible.

Effect of vibratory stimulation in different brain areas:

- Vibratory stimulation of the hand palm and the sole of the foot revealed robust contralateral activation within the primary sensorimotor cortex (SM1), bilateral activation within the secondary somatosensory cortex (S2, Brodmann Area 40), bilateral within the supplementary motor area (SMA, BA 6) and ipsilateral within the cingulate gyrus (BA 32).
- Passive sensory stimulation by a vibratory stimulus to the hand palm and the sole of the foot leads to activation within the whole sensorimotor cortex like in active motor paradigms such as finger-to-thumb or foot tapping.
- This holds promise for the vibratory stimulation as an alternative to active motor paradigms in neurological patients with severe motor deficits to study sensorimotor cortex functions in patients with brain pathology or pathology of afferent pathways for functional diagnosis, prognosis and monitoring of rehabilitation.





Special Treatment Program in Apallic Syndrome

- Activation of the proprioceptive system
logometrics, cosmonaut trousers etc.
- Hyperbaric Oxygenation Treatment
- Surgical interventions of complications
(joint contractions, hydrocephalus oclusus)
- Operation of periarticular ossification
- Deep brain stimulation of thalamic intralaminar nuclei

HBOT – program Apallic Syndrome

- Start
 - in full stage
 - as early as possible
 - in remission stage with temporary interruption state II-III
 - after 3 months
 - in later remission states and in defect stage without sufficient result of running rehabilitation
 - in any case
- Continuation of classic treatment and consequent neurorehabilitation program

Apallic Syndrome, HBOT - program

remission stage



MP, 23^a, male, AS, traumatic
remission stage IV
HBOT: 1997 – 1999: 208 sessions,
1.5 – 1.75 ATA
HBOT: since April 2002: 600 sessions

Additional treatment: physiotherapy

Most light defect symptoms as spasticity,
pseudo-bulbar symptoms, emotional
irritability, frontal lobe symptoms
Full ability for self decisions

GCS: 6; Final GCS: normal



Apallic Syndrome, HBOT - program

remission stage



MJ, 31^a, male, AS,
CO-intoxication, suicide,
remission state II-III during 12
years.

HBOT: 60 sessions
HBO home treatment: 350
sessions

1,5 ATA

Additional:
physio-therapy
logopeds

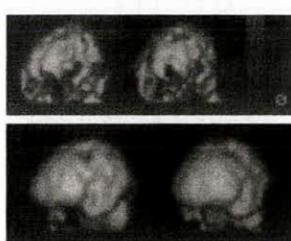
Marked improvement
minimal cognitive defects,
spastic signs



before HBO after HBO

Apallic Syndrome, HBOT - program

remission stage



JN, 21^a, male, AS, traumatic
remission stage II-III
HBOT: 64 sessions
1.5 – 1.75 ATA

Additional treatment:
physio therapy

Significant improvement
Light defect symptoms: cerebellar,
spastic symptoms, speech
disturbances (pseudo-bulbar),
cognitive deficits

SPECT:

Marked improvement of
perfusion

Apallic Syndrome and HBO-treatment

Full stage: reorganization of cortical connections
to brain stem centers supported by
the activation of reticular system

Remission stage: Revitalization of the cortical
network (idling neurons)

Revitalization of damaged axons

Defect stage: Reactivation of dendrite system

Apallic Syndrome Development



Late remission stage



Full recovery

Terri Schiavo (USA)

Apallic Syndrome/vegetative state, remission state II-III,
contact with the surroundings



End of life decision by
court, withdrawal of liquid
and nutrition.

- Emotional reaction
- Optic fixation to her mother
- Turn towards
- Emotional contact reaction
- Well-balanced body state
- Vegetative system regulated
- No artificial respiration
- Nutrition by PEG

Apallic Syndrome – sindrome apallico (traumatic), Salvatore C., 38^a



- Traumatic brain injury, August 2003
- late onset of remission
- Defect state with neurological and orthopedic deficits

In full stage patient heard noises of the surroundings,
perceived pains and physical contact. Deep desperation.

Successful rehabilitation after AS, traumatic, Fred A., 39^a



- Car accident 1995 with 30 years
- Apallic syndrome in full stage in a special center for apallic patients over 6 months
- Remission phase over 2 years
- Treated in special rehabilitation center for apallic patients
- Continued rehabilitation with stepwise improvement
- Full integrated in family life, father of a 3 years old daughter
- Only partial handicapped
- Strict aim to build up a normal professional condition

International Danube Symposium for Neurological Sciences and Continuing Education

in collaboration with

Lublin Branch of Polish Neurological Society

Department of Neurology
Medical University of Lublin



VIII MIĘDZYNARODOWE
WARSZTATY SZKOLENIOWO-NAUKOWE
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8TH INTERNATIONAL TEACHING COURSE
MULTIPLE SCLEROSIS, EPILEPSY,
HEADACHE AND VERTIGO, CHILD NEUROLOGY

September 13-14, 2012

Kazimierz Dolny, Poland

**PROGRAM
FINAL PROGRAMME**

PROGRAM NAUKOWY / SCIENTIFIC PROGRAMME

Czwartek, 13 września 2012 / Thursday, September 13, 2012

SALA GŁÓWNA B-D / Main Hall B-D

9.00 – 10.30 Danube Lectures

Przewodniczący / Chairperson: Z. Stelmasiak

A. Korczyn – Cognitive impairment in Parkinson Disease

J. Chapman – Is Multiple Sclerosis a disease or a syndrome with heterogeneous etiologies?

B. Machałiński, M. Gołąb-Janowska, B. Baumert, P. Nowacki – Adiuwantowa terapia komórkowa stwardnienia zanikowego bocznego – mit czy nadzieja? / Adjuvant cell therapy of amyotrophic lateral sclerosis – myth or hope?

10.30 – 11.00 Przerwa na kawę / Coffee-break

11.00 – 12.30 Stwardnienie rozsiane (Sesja I) / Multiple sclerosis (Session 1)

Przewodniczący / Chairpersons: K. Selmaj, H. Bartosik-Psusiek

K. Selmaj – Korzyści i ryzyko terapii SM / Benefit and risk of MS therapy

H. Bartosik-Psusiek – Wytyczne nowego programu terapeutycznego SM / Guidelines of MS new therapeutic program

K. Rejdak – Optymalizacja leczenia SM w aspekcie przećwiczał neutralizujących / Optimizing of MS therapy – neutralizing antibody aspect

12.30 – 13.30 Przerwa na posiłek / Lunch-break

13.30 – 14.50 Stwardnienie rozsiane II / Multiple sclerosis (Session 2)

Przewodniczący / Chairpersons: J. Kotowicz, Z. Maciejek

Z. Maciejek – Terapia długoterminowa w SM / Long term therapy in MS

J. Kotowicz – Komórki macierzyste w leczeniu SM / Stem cells in the treatment of MS

K. Mitosek-Szewczyk – Ból głowy a SM / Headaches and MS

14.50 – 15.10 Przerwa na kawę / Coffee-break

15.10 – 17.30 Ból głowy i zawroty głowy / Headaches and vertigo

Przewodniczący / Chairpersons: A. Prusinski, K. Mitosek-Szewczyk

T.M. Domagała, A. Stępień – Zalety i ograniczenia w leczeniu migreny tryptanami / Advantages and restrictions on triptans in migraine treatment

A. Szczępańska-Szerej – Hemikrania - problemy z rozpoznaniem / Hemicrania - diagnostic issues

A. Prusinski – Łagodna nawracająca „vestibulopatia” / Mild recurrent vestibulopathy

J. Wojczał – Diagnostyka ultrasonograficzna zawrotów głowy / Ultrasonographic diagnostics of vertigo

17.30 Otwarcie / Opening Ceremony

F. Gerstenbrand – Apallic syndrome – new developments (Danube Lecture)

19.15 Odjazd autobusów na kolację (szczegółowe informacje w dalszej części programu)

19.30 Fakultatywna kolacja w karczmie „Siwy Dym” w Celejowie