

First Oman Neurorehabilitation Conference

World Federation of Neurorehabilitation

Day 1

Date:

- 18:00 Welcome Reception and Registration of Delegates
- 18:30 – 19:30 Key note lecture
Rehabilitation in the 21st Century (M Barnes)
- 19:30 Dinner

Day 2

- 08:00 Registration and Coffee
- 09:00 – 09:45 Rehabilitation in Emerging Nations (Prof Gerstenbrand)
- 09:45 – 10:30 Outcast or Unsupported: Disability at Cross Roads (Dr Heinrich Binder)
- 10:30 – 11:00 Coffee / Tea
- 11:00 – 11:30 Living with Disability in the Gulf Region: A personal experience (*Local patient*)
- 11:30 – 12:00 Developing systems to minimize impact of disabling Impairments:
The Gulf Experience (*Locally practicing Rehab physician*)
- 12:00 – 12:30 Panel Discussion
- 12:45 Lunch / Prayer Break / Poster viewing
- 14:00 – 14:30 Rehabilitation Services in the Gulf Countries (Dr Rida Baruni)
- 14:30 – 15:00 Rehabilitation Tourism: An outcome Post Card (Dr Aref Shehhi)
- 15:00 – 15:30 Coffee / Tea
- 15:30 – 16:00 Patient Experience of Rehabilitation in the Gulf Rehabilitation Centers
Three Video interviews with the patients
- 16:15 – 16:30 Establishing Culturally Sensitive Community Based Rehabilitation Services in
the Gulf Region (Dr Martyn Thornington)
- 16:30 – 17:00 Panel Discussion
- 19:00 – 19:30 Rehabilitation Service in Oman: A necessity or luxury
- 19:30 Conference Dinner

Day 3

08:00 – 09:00 Coffee / Tea Exhibition / poster viewing

09:00 – 09:30 Head Injury Rehabilitation: Not all that is recommended is practical
How we need to think differently?

09:30 – 10:00 Revisiting the Principles of spinal injury rehabilitation:
Hope versus Reality

10:00 – 10:30 Stroke Rehabilitation: What does it deliver in our Practice
Outcomes versus expectations

10:30 – 11:00 Coffee / Tea

11:00 – 12:30 **Recent Trends in the Management of Spasticity**

11:00 – 11:20 General principles of the management of Spasticity

11:20 – 11:40 Botulinum Toxin Therapy for Spasticity: Where do we stand
with its use today

11:40 – 12:10 Baclofen Pump: Who should have it?

12:10 – 12:30 New treatments for the management of Spasticity

12:30 – 12:45 Panel discussion

12:45 Lunch / Prayer break / Exhibition and poster viewing

14:00 – 14:30 Religious and Cultural considerations in Rehabilitation

14:30 – 15:00 Managing Belief: Facilitating Realization of Inevitability

15:00 – 15:30 Empowerment of Patients versus Family

15:30 – 16:00 Panel discussion

16:00 – 16:10 Closing remarks / Thanks

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One day lectures

**Key note lecture 1: Rehabilitation in the 21st Century
(M Barnes)**

**Key note lecture 2: Rehabilitation in Emerging Nations
(Prof Gerstenbrand)**

topics

1) Spastic Disabilites

- - Spastic disabilities and the use of Botox
- - The use of Baclofen in neurological Rehab
- - The use of equipments like Tretmill in Rehab
- - Disability and society

2) Pain and dealing with pain

(specially in a world where painkillers are taken so easily)

3) Neurology and Rehabilitation with the background of an Islamic Culture

Speakers to be considered:

Prof. Heinrich Binder

paediatric neurologist Sheikh Khalifa medical City Abu Dhabi

Prof. Dirk Dressler

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