## Biomechanic aspects in relation to the classification of traumatic brain injury.

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Traumatic Brain Injury (TBI) is the most frequent cause of death in the male population aged between 20 and 35 worldwide.

Direction, force and intensity of impact are key parameters for severity and localization of the brain lesion in TBI patients. Commonly brain injury patients suffer several impacts. For documentation, archiving and for the biomechanical reconstruction of the impact force, the Innsbruck Impact Scheme (IIS), modified after SPATZ is essential. Type I to VI are differentiated. Based on clinical symptomatology, the neuropathological findings and modern neuroimaging methods supported by biochemical analysis (living pathology — Grcevic), there are three forms of TBI to be differentiated:

- 1. The linear outer brain trauma (type I, II, III, IV) with lesions of the surface of the brain in the contre coup and coup region
- 2. The linear inner brain trauma, divided in two forms.
  - The linear inner upper brain trauma (typ lib, la, II) with periventricular lesions (butterfly defect Grcevic)
  - The linear inner lower brain trauma (type V, Va) with lesions in the upper brainstem and in the surrounding region (Lindenberg)
- 3. The rotational brain trauma (type Illa, 111b, IVa, IVb) with intracerebral intracerebral hematoma, delaceration, extracerebral hematoma (Pudenz, Shelden).

From clinical point of view mild, moderate, severe and severest TBI have to be classified. Regarding histological and the anatomical features there are four well-defined forms of traumatic brain tissue lesions:

Primary brain damages occur in the very moment of the force impact to the brain and is an irreversible lesion.

Sequences of circulatory and metabolic deficits in the penumbra of primary defect causing local tissue damage, hypoxia and/or hypoxemia are responsible for diffuse and regional secondary tissue lesions.

Tertiary lesions developing mostly in a longer posttraumatic course are responsible for encephalopathy, pontine myelinolysis, myelopathy and polyneuropathy, originated by malnutrition, malabsorption, avitaminosis and the bed rest syndrome.

Quartery lesions might emerge months to years after the TBI event in form of hydrocephalus occlusus, meningoencephalitis and brain abscess. As complications contractions of the bigger joints, periarticular ossification, decubitus and lesions of peripheral nerves have to be kept in mind.

In the acute state every patient with a TBI needs exact neurological investigation. Brain edema and intracranial hematoma are most endangering the outcome of TBI patients. The increase the intracranial brain volume results in a tentorial herniation, sometimes followed with foramina) herniation accompanied by an acute mid brain and bulbar brain syndrome (Gerstenbrand, Licking).

In severest conditions a traumatic apallic syndrome may develop (Gerstenbrand). It is important not to miss an accompanying cervical spine injury in cases of spinal cord trauma.

Regardless on the grade of TBI every patient needs acute therapy. The treatment of TBI has to start already on the site of accident. Severest TBI patients have to be transferred immediately to an up-to-date ICU.

Every patient with TBI — regardless of severity — needs a neurorehabilitation program with an individual schedule. A special center with trained personal under the responsibility of a neurologist is necessary. The neurorehabilitation has to start immediately, already in the admitting hospital. A consistent program of modern neurorehabilitation can reduce not only distress and the independency of young patients, it reduces the expenses of the health system to a considerable rate.

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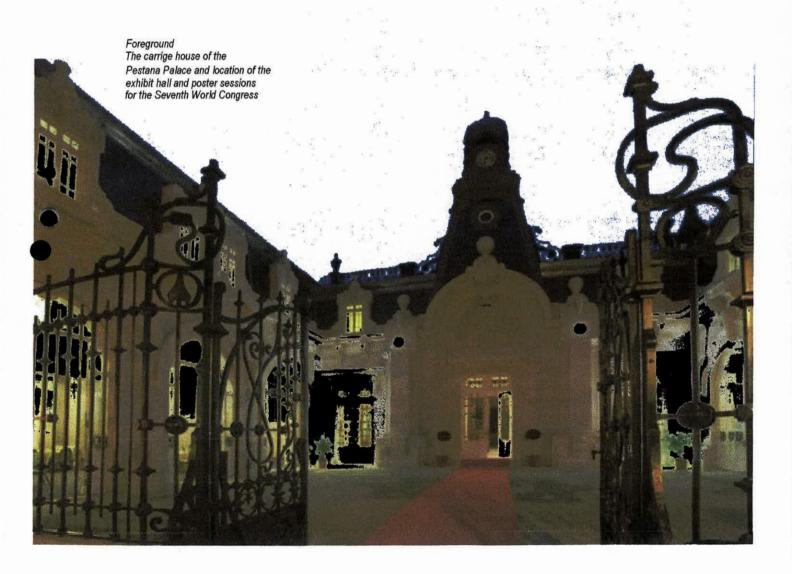
The International Brain Injury Association Presents

## The Seventh World Congress on Brain Injury

Congress of the Portuguese Society of Physical Medicine and Rehabilitation

## Scientific Programme

Pestana Palace Hotel Lisbon, Portugal April 9 - 12, 2008



Column 1	Alter Realin carriage house
Column 2	Belem I
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FRIDAY, Ap	ril 1	1, 2008	,	Column 4	Belem II		
07:30 - 16:00		Registration Open					
08:00 - 09:00		Sunrise Plenary Session Belem I and II  Progress in Neuroprotection: From Bench to Bedside, John Povlishock, PhD, USA From PVS to MCS: Fred Plum's Legacy to Neuroethics, Joseph Finns, MD, USA					
09:00 - 09:30		Coffee with Exhibitors, Posters					
09:30 - 11:00	Exhibits Open	Free Papers Case Reports  Association Between Visual Disorders And Functional Recovery In Post-Traumatic Children: Evaluation And Treatment Measures (133)	Free Papers Clinical Research, Acute and Sub-Acute Rehabilitation Independence in Instrumental Activities Of Daily Living And Its Relationship To Executive	Free Papers Clinical Research, Acute Care Incidence And Predictors Of Early And Late Seizures In Children Following Traumatic Brain Injury (TBI) And Factor Predictive of These (183)	Free Papers Clinical Research, Post-Acute Care  Motivational Aspects Of Caregiving: The Neuropsychological Feedback And Rehabilitation Make A Difference To Family Caregivers Of Patients With Stroke (26)		
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